



Official Newsletter of Parker Psychiatric Services



A YEAR OF GROWTH, INNOVATION, AND COMMUNITY IMPACT

A Message from our CEO Gary Parker

As we reflect on the past year, we want to extend our heartfelt gratitude to our dedicated staff, valued clients, and supportive shareholders. 2024 has been a year of growth and innovation for Parker Psychiatric Services, and we are excited to share the progress we've made. Your trust and commitment continue to inspire us as we work towards providing high-quality mental health care to the Baltimore community.

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- Gary Parker

THE PPS MISSION

At Parker Psychiatric Services, we are committed to delivering comprehensive and compassionate mental health care to individuals and families in Baltimore, Maryland. Our goal is to create a supportive and inclusive environment where clients receive personalized treatment to achieve their mental wellness goals.

The 2024 Year in Review

Staffing Updates

- Welcomed an additional Nurse Practitioner to our team.
- Extended office hours to offer evening sessions.
- Hired 7 new therapists to meet the growing demand for services.
- Expanded our Psychiatric Rehabilitation Program (PRP) team by hiring 6 new PRP workers to provide more comprehensive support.

New Platforms Implemented

- Relias – A comprehensive online training platform designed to support staff development and continued education.
- Greenspace – A client engagement and progress-tracking tool that enhances therapeutic outcomes.
- BambooHR – A human resources platform that streamlines employee management and operations.

Surveys and Social Media Expansion

- Quarterly surveys are sent to staff, clients, and shareholders via email and text messages to gather feedback and enhance services.
- Launched an official Instagram page and improved our Facebook presence to better connect with the community.

Insurance Expansion

In 2024, we expanded our accepted insurance plans to include:

- ✓ Medicaid (all providers credentialed)
- ✓ Aetna
- ✓ CareFirst BCBS
- ✓ CIGNA

Additionally, we introduced 1:1 Services to provide personalized mental health support tailored to individual client needs.

2024 Events & Community Engagement

We were proud to host several events this year to support our clients and foster community engagement:

- Back to School Picnic – Helping students and families prepare for a successful school year.
- Harvest Party – A fun-filled event celebrating the fall season with clients and staff.
- Thanksgiving Dinner Giveaway – Providing meals to families in need during the holiday season.
- Quarterly Trainings – Continued professional development for staff to enhance service delivery.

LOOKING AHEAD TO 2025

As we enter a new year, we remain committed to growth and innovation. Here's what's on the horizon for 2025:

Insurance Expansion

- Adding United Healthcare to our list of accepted insurances.
- Credentialing additional providers with Medicare to expand accessibility.

Staffing Goals

- Hiring more Child Therapists to provide specialized care for children ages 6 and under (hired 2 therapists for 2025).
- Expanding our PRP team with 3 additional PRP workers.

Platform Enhancements

- Exploring new platforms to enhance survey collection and client engagement.
- Launching an official TikTok page to broaden our digital outreach and community engagement.

Upcoming Events for 2025

- ✂ Back to School Picnic
- ✂ Harvest Party
- ✂ Thanksgiving Dinner Giveaway
- ✂ Toy Drive & Client Holiday Party
- ✂ Monthly Trainings
- ✂ Town Halls

Thank You!

We deeply appreciate your ongoing support and dedication to Parker Psychiatric Services. Your trust allows us to continue growing, innovating, and providing high-quality mental health care to our community.

Stay connected with us on social media for updates, events, and mental health resources!

◆ **Instagram:** <https://www.instagram.com/parkerpsychiatric?igsh=cTFmNTllMzdsYjNu>

◆ **Facebook:** <https://www.facebook.com/parkerpsychiatricservices?mibextid=wwXIfr&mibextid=wwXIfr>



PARKER PSYCHIATRIC SERVICES