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COVID-19

September Updates

Hello PPS Family,

These past few months have not been easy due to COVID-19 and the ongoing racial injustices that we have experienced as a nation. The team at Parker Parker Psychiatric Services (PPS) is and will continue praying for the wellbeing of our clients, staff, and families. We recognize the challenges associated with COVID-19 and everyone's desire to return to normalcy. During this unprecedented pandemic, please remember the Centers for Disease Control and Prevention (CDC) Guidelines, some of which include:

- Washing your hands often
- Avoiding close contact with others - social distancing
- Covering your mouth and nose with a mask
- Guarding your face when coughing and/or sneezing
- Frequent cleaning and disinfecting
- Monitoring your health daily

The PPS team would like to express our sadness, pain, anger, and frustration that many are feeling with regard to the racial injustices happening in our country. Racism and discrimination have no place in our society. Though we are disheartened with the current racial climate, the voices and actions by our neighbors and friends have instilled a greater hope for the future. PPS is committed to providing high quality services to everyone, no matter one's race, ethnicity, religious beliefs, gender, or sexuality.

info@parkerpsychiatric.com
www.parkerpsychiatric.com



Office Hours
Monday - Friday
9:00am - 6:00pm

PPS is open and accepting new referrals. As a means of continuing to provide the necessary services and follow the guidelines to mitigate the spread of COVID-19, the services listed below are available via Telehealth Platform for both individual and group settings:

- Psychiatry
- Therapy
- Psychiatric Rehabilitation Program
- Substance Abuse

The PPS office will remain closed during the COVID-19 pandemic and will reopen when it is safe for clients and staff to return. PPS is closely monitoring COVID-19 and is meeting regularly with health officials and governing bodies. When our office reopens, PPS will follow the guidelines set forth by the CDC and AMA. As always in the event of an emergency, please call 911.

As we move closer to the fall, we also move closer to flu season. The flu season occurs from the fall to winter. The flu peaks between December and February but can last as late as May. While it's not possible to say with certainty what will happen in the fall and winter, the CDC believes it's likely that flu viruses and the virus that causes COVID-19 will both be spreading. In this context, getting a flu vaccine will be more important than ever. CDC recommends that all people 6 months and older get a yearly flu vaccine.

Please remember the recommendations of the CDC. PPS extremely misses seeing our PPS family face-to-face, but we rather have everyone safe and healthy. We can hardly wait to see everyone in person, and that day will come soon. If you have any questions, please call the PPS office at 410-499-1461.

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